

COVID-19 (Coronavirus)

Prevent poisoning. Manage your medications.

Changes to your routine, stress, and other distractions may increase your risk of medication errors. Stay safe with these tips.



Make a list of your medications and a schedule for when you take them



Keep your medications in a safe place, like a locking cabinet



Turn on the lights and put on your glasses when taking medications



Talk to your doctor before taking any new medication, vitamin, or supplement



Add labeling to “look-alike” containers to tell them apart, like eye drops and ear drops



Never ingest disinfectants or other substances that claim to prevent or treat COVID-19

**Questions?
Call the Poison Helpline
800-222-1222**

www.wapc.org

**For emergencies,
call 9-1-1**

Spread the Facts

coronavirus.wa.gov